#### **BOOK YOUR PLACE!**

### Sibyls Residential Weekend 4-6 November 2022 - family relationships

Booking is open for our residential retreat weekend for Friday 4 to Sunday 6 November this year.

The primary purpose as usual is to give Sibyls a chance to spend time together, to have a peaceful retreat and relax together.

The topic for the weekend will be family relationships. For all of us, a change in close relationships is a shared experience of being trans. It can be a difficult challenge, and we have all learned from our own experience and can learn from others who find ways forward. We want this weekend to be a positive, helpful and enjoyable exploration.

We will hear about different experiences we have encountered with parents, siblings, children, partners over the course of years. We will consider some ways to understand the feelings around our relationships, ways to communicate with relatives, approaches to understanding each others' concerns and interests, and how faith helps.

We will make sure that everyone has the chance to share and reflect on their experiences if they wish, in a sensitive and confidential way. We will combine this with fellowship, fun and conversation. Everyone is free to choose whether to attend sessions or enjoy the centre and its grounds.

As usual partners are welcome to come to Purley Chase too. We want to ensure that partners are fully included and enjoy the mealtimes, worship, fellowship and social times.

Sibyls have found the Purley Chase Centre a lovely place for a weekend retreat each year. Set in the beautiful North Warwickshire countryside, it offers comfortable accommodation, quiet grounds and good food.

We are happy to provide financial support to help you attend, no criteria – we just want to be sure that everyone that wants to attend can come. Please email Peter in confidence at rafterypeter1@gmail.com . We currently need a few more people to attend to make the weekend viable so do come if you possibly can.

This event is for members of the Sibyls and partners only. If you wish to join please email enquiries@sibyls.co.uk

Please email any enquiries to Susan Gilchrist at <a href="mailto:susan@gndr.org.uk">susan@gndr.org.uk</a> who will ask the centre manager if necessary.

# WEEKEND AT THE PURLEY CHASE CENTRE – OUTLINE PROGRAMME www.purleychasecentre.org.uk/

#### **Fri 4 – Sun 6 NOVEMBER 2022**

### **Learning from our family relationships**

People may arrive any time after 3pm. Tea, coffee, juice and biscuits and cakes are available all the time all weekend.

There is a bar for people to buy their own drinks at reasonable prices. The bar only takes cash and cheques - not cards

There is a table tennis table we are free to use.

- 1 Refreshments are available any time people would like them.
- 2 Creative session

Or free time – walk in grounds, surroundings. Go out. Table tennis. Solitary time. 3

#### **FRIDAY 4 Nov**

Arrivals after 15.00. Tea, coffee, juice with biscuits and cakes. Relaxation.

- 18.15 Introductions before supper
- 19.00 Buffet dinner
- 20.30 Presentation about the weekend our families.
- 22.00 Evening prayer

#### **SATURDAY 5 Nov**

- 08.00 Morning prayer
- 08.30 Breakfast
- 09.30 A structured time for personal sharing about siblings and children; parents and partners.
- 11.00 Morning break
- 11.30 Thinking about loss, empathy and moving along together
- 13.00 Lunch
- 14.00 Afternoon options include:
- 16.30 Mediation, negotiation and how we communicate
- 18.30 Purley Chase Gala Dinner a special meal and lovely atmosphere created by the centre.
- 20.00 Music, dancing, relaxing and chatting

## **SUNDAY 6 Nov**

- 08.00 Breakfast
- 09.30 Drawing the threads together
- 11.00 Morning break
- 11.30 Service with Holy Communion in the Chapel
- 12.30 Group photo
- 13.00 Sunday lunch
- 14.30 Resources, handouts and goodbyes.

**Booking Form Follows** 

# BOOKING FORM FOR THE SIBYLS WEEKEND FRI 4 – SUN 6 NOVEMBER 2022 Your address \_\_\_\_\_ Post code Phone \_\_\_\_\_ Email \_\_\_\_\_ Is your partner attending? If so partner's name \_\_\_\_\_ Are you a member of the Sibyls? Yes ⊓ No ⊓ Please tick one accommodation option: **En-suite rooms:** £149 full board per person (full-board is Friday dinner until Sunday lunch) □ Ensuite Double room □ Ensuite Single room □ Adapted ensuite facilities with wet room (There are 3 double rooms and 2 adapted rooms with wet facilities) □ Sharing an ensuite twin room: Name of other occupant you are willing to share the room with \_\_\_\_\_ **Standard dormitory -** accommodation with shared bathroom: □ £127 full board per person (full-board is Friday dinner until Sunday lunch) Not staying overnight: □ Whole weekend: £86 per person with Lunch & Dinner □ Would you like breakfast as well? Please tell us about your access or mobility needs Do you have dietary requirements? **Allergies**

Transport - would you like help with transport to The Purley Chase Centre?

Can you offer a lift to someone?

Payment

□ I wish to pay by electronic bank transfer: please use these account details:

Mr P A Raftery

08-93-00

80470524

□ I enclose a cheque for £ \_\_\_\_\_.

Cheques should be made payable to Mr P.A. Raftery – The Sibyls

Please send the booking form and cheque to

PLEASE COMPLETE AND RETURN THIS BOOKING FORM BEFORE MONDAY 17 OCT

S Gilchrist, 8 Greenways Drive, Maidenhead, SL6 5DU

Information follows

## **Directions to the Purley Chase Centre**

The Centre is easily accessed by road and rail

#### **Address**

Purley Chase Centre, Purley Chase Lane, Mancetter, Atherstone, Warwicks, CV9 2RQ.

By car – The centre is just over 2 miles south of the A5 near Atherstone. Travelling along the A5 take the B4111 towards Mancetter. After about a quarter of a mile on B4111, just past the church, take a right turn signed Ridge Lane. Over the traffic light controlled bridge, follow the road round to the right and up through the trees, Purley Chase Centre is about a quarter of a mile further on, on the right.

By rail – The nearest main line railway station is at Nuneaton, about 6 miles away. Slower trains go through Atherstone station which is about 3 miles away from Purley Chase Centre. Both stations are on the Euston Crewe line. Lifts will be arranged for people arriving at either Nuneaton or Atherstone stations. There are also taxi services: Atherstone Taxis (01827 712427) charge £15/£16. Triple A Taxis (01827 713637) charge £13/£14. Both Nuneaton and Atherstone are served by various bus and coach services.